

## **Endermologie® before and after lipo-aspiration**

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### **ABSTRACT**

We present the results of the LPG Technique ( *Endermologie®* ) applied on 9 women with different age, different hormonal status (from 32 to 63 years, middle age 41.7 years) a normal weight and a moderate localised adiposity (BMI 25-30). We used only the LPG Technique ( without plastic surgery) and we observed in this group of women which is usually reported in the literature, that is to say : an improvement of the skin quality with a decrease of padded aspect of the cellulite, an improvement of skin tone, a frequently associated weight lost without a necessary calorific restriction, and also an harmonisation of the contour (LPG® non invasive body contouring). LPG® Technique can also be associated to Plastic Surgery by improving its efficacy and tolerance, helping to prepare tissue before operation, reducing the frequency and the intensity of the surgery adverse effects ( oedema, ecchymosis, surface irregularities ), reducing the post surgery convalescence, and optimising the tissue scaring and trophicity. The photographic objectivations of LPG® Technique effect have been performed with the M.E.P. or LPG Systems Photographic Measuring Station. The MEP allows to get standardised photos before, during and after the treatment guaranteeing reliability, reproducibility, photos comparison and Good Clinical Practice respect. Such objectivations permit to establish a first cutaneous evaluation, to see the results of LPG® Technique, to follow the evolution and to possibly adapt a therapeutic protocol.